

## Health and Hygiene Concept (as of October 1, 2022)

Dear Guest,

The safety and well-being of our passengers and our crew are of the utmost priority for us. Already last year, we were able to prove that our health concept, which is based on the guidelines of the registered river cruise association IG River Cruise, based in Basel, works well. Due to the still high numbers of corona infections, all passengers on all SE-Tours' sailings in 2022 and 2023 are required to provide proof of full vaccination. This means that the participation is only possible with a proof of vaccination or recovery. In the following, we have summarised the key points for you.

### 1. Prior to Departure

Along with your travel documents, you will receive short COVID-Information along with our health questionnaire form, which we would like to ask you to bring with you for boarding, filled in and signed the same day.

By means of the health questionnaire, you confirm that you are in good health before boarding, and you do not display any signs or symptoms associated with COVID-19.

Furthermore, we require a proof of the absence of infection with the SARS-CoV-2 coronavirus (proof of vaccination or recovery; including children from 5 years):

- **Three doses of vaccination**
  - With booster dose at least three months after second dose; (this applies also for those who received their first vaccination with the Johnson & Johnson vaccine)

OR

- **Two doses of vaccination**
  - If the first dose was preceded by a confirmed case of infection, detected by antibody test
  - If the second dose was preceded by a confirmed case, detected by PCR test
  - The second dose was followed by a confirmed case of infection, detected by PCR test and 28 days have passed since testing

Expiration of vaccination certificate:

For adults (aged 18 years or older) who comply with the requirements above, the validity becomes unlimited.

For children aged 5 to 17 years, the validity of the certificate is unlimited without so-called booster dose (3. vaccination).

Following vaccines have been listed by the WHO: BionTech/Pfizer, Moderna, AstraZeneca, Johnson & Johnson, Nuvaxovid, Sinova, Sinopharm, Coronavac or Covaxin.

**Prior to embarkation, the following documents must be provided:**

- Proof of being fully vaccinated against COVID-19 with a WHO-approved vaccine
- And/or proof of having recovered from COVID-19
- The completed attached health inquiry form

Proof will be accepted in the form of digital vaccination certificate, paper vaccination certificate, vaccination letter or any other official vaccination record. In case you are not able to provide proof, unfortunately you will be denied embarkation.

We recommend that you continue to wear FFP2-masks on board. Please bring along a sufficient supply for the duration of the voyage.

## 2. Minimum Standard during the Covid-19-Pandemic

The guideline agreed by the members of the IG Rivercruise for a minimum standard aboard a ship relates to shipboard operations of river cruise vessels. **SE-Tours** strongly supports these standards. In the following, you will find the key regulations:

- The minimum standards may be adapted by the shipping company, if less extensive rules apply in the area of operation than provided for in the standard.
- These measures are based on the safety plans and recommendations issued by the official authorities and have been standardised for European passenger shipping.
- The captain is responsible for the safety on board the ship.
- The hotel manager or another designated person is responsible for implementing the hygiene regulations on board.
- At all times, the safety, health and well-being of passengers and crew on board are of the highest priority.

If further relaxations of COVID-19 related restrictions occur, the hygiene concept regulations will be adapted respectively.

## 3. Basic Rules

- Passengers are required to wear a face mask or FFP2 mask in all areas aboard the ship in order to protect yourself and all persons on board. In general, where it is not possible to maintain social distancing, you protect yourself and all persons on board by wearing a face mask or FFP 2 mask you have brought along.
- Passengers are required to maintain a minimum distance of 1.50 metres to other persons.
- We would like to ask you to strictly avoid handshakes and hugs.
- On board, instructions with information on how to protect yourself from infection are placed prominently.
- Passengers are required not to enter other passengers' cabins, unless you belong to the same household.

## 4. Embarkation

On the day of embarkation, passengers are asked about their proof of vaccination or recovery. Furthermore, they are asked about their state of health by means of a health questionnaire form.

- The entrance to the ship is controlled by a crew member.
- Passengers are required to show their proof of vaccination or recovery during embarkation.
- Passengers are required to disinfect their hands when they access the ship.
- The check-in takes place from cabin to cabin.

## 5. Passenger Health

- For embarkation, a proof of vaccination or recovery and a completed and signed health questionnaire is indispensable.
- During the check-in, properly trained crew members will perform standard screening procedures that determine whether or not a passenger may board the ship to participate in the journey.
- The cruise captain is authorised to deny boarding to guests in case of false declaration or to those who exhibit signs and symptoms indicative of COVID-19.
- At the first signs of an illness, guests are required to refer immediately to the SE-Tours tour management or to the reception – preferably using the phone – and follow their instructions.

## 6. Hygiene on Board

Public areas are regularly disinfected. The captain and the crew members are requested to observe personal and hand hygiene. For this purpose, appropriate instructions will be given regularly.

- When cleaning the cabins, the crew access to each cabin always requires prior hand disinfection.
- After the cleaning of each cabin, cleaning wipes must be disposed of in the appropriate manner in order to prevent cross-contamination.
- The crew is required to wear a face mask or FFP2 mask.

### Hygiene Measures:

- All persons on board are provided with sufficient quantities of hand disinfectant.
- Social distancing of 1.50 metres must be maintained.
- All passengers are required to engage in frequent hand-washing (with water and soap, at least 30 seconds) and hand sanitising. This is especially important before each meal and upon return on board after excursions.

## 7. Reporting

The personal data of passengers and crew members are known to the shipping company and tour operator, and are recorded in compliance with the General Data Protection Regulations. The data are destroyed after the statutory retention period.

## 8. Public Areas

### Lobby / Reception

- Plexiglas of adequate size or something similar, protects reception staff and passengers.
- The reception desk, keys and boarding cards are regularly disinfected.
- The ship lobby is not a meeting point for excursions or other activities.

### Bar / Lounge / Sun Deck

- All drinks and snacks are served at the table.
- Live-entertainment is possible with the applicable physical distancing.
- Briefings by the captain or the SE-tour manager will be held in accordance with the applicable physical distance and hygiene regulations.

## 9. Galley

Cleaning is carried out in strict compliance with highest hygiene measures, the crew wears appropriate protective equipment in the food storage/ processing area and in the guest area. Regular disinfection of the work surfaces with sanitisers that comply with food-safety requirements will be made.

## 10. Cabins

- Each cabin must be cleaned in such a way as to avoid cross-contamination. After each cabin cleaning, hands are disinfected, cleaning wipes and gloves are changed.
- Disinfection of door handles, remote controls, telephone, etc., in the cabins are carried out on a daily basis.
- Remote controls may be covered by a plastic wrap to make disinfection easier.

## 11. Peculiarities of Bike and Barge Voyages

- The tour management and crew will prepare the bicycles (also the private bikes) ashore, keeping the 1.50 metres-distance. If this is not possible, the handover of the bikes can be organised in several groups.
- During the whole journey, guests are required to use only the bike that has been assigned to them.
- During the handover or the return of the bikes, tour guide, crew and guests are suggested to wear a face mask or FFP2 mask; tour guide and crew additionally are suggested to wear gloves.
- The only meeting point for excursions will be in front of the ship, respecting the minimum distance.
- Guests are asked to respect social distancing also during cycle tours, and if required, observe the local contact restrictions. Please avoid group formation.

## 12. Cases of Illness on Board

If there is a suspected case of illness on board, the following procedure applies:

- At the first signs of an illness, guests are required to refer immediately to the SE-Tours tour management or to the reception – preferably using the phone – and follow their instructions.
- You will be isolated immediately for min. of 5 days (or until the end of journey if less than five days). The isolation ends after 5 days with negative rapid test.
- You agree to remain in self-isolation and to avoid contact with other people.
- The duration of isolation complies with the provisions of the current Guidelines of German Federal Health Ministry.
- Local regulations regarding the activation of medical services are observed. Please note the instructions of authorities and local governments.
- At all times the shipping company keeps accurate records of all steps taken.

I hereby confirm the receipt of the health and hygiene concept, and that I have read and fully understood the document. I certify this by my signature on the following page, on the health questionnaire.

### **Health Inquiry**

**The form has to be completed for all persons over 5 years, one form per person.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Ship: \_\_\_\_\_

Travel Date: \_\_\_\_\_

Cabin Number: \_\_\_\_\_

Name of persons travelling with you (under 5 years of age):

1. \_\_\_\_\_ 2. \_\_\_\_\_

**On the day of embarkation, please provide one of the following proofs:**

- I have received **three doses** of vaccine against COVID-19 (with a minimum of three months between second and third shot)
- I have received **two doses** of vaccine against COVID-19 + a proof of an antibody test confirming an COVID-19 infection prior to THE FIRST DOSE.
- I have received **two doses** of vaccine against COVID-19 + a recovery certificate or PCR test confirming an COVID-19 infection prior to THE SECOND DOSE.
- I have received **two doses** of vaccine against COVID-19 + a recovery certificate or PCR test( minimum of 28 days must have passed since testing) confirming an COVID-19 infection after THE SECOND DOSE.

**Exclusively for children aged 5 to 17 years:**

- I have received two doses of vaccine against COVID-19 (with a minimum of three months between second and third shot)

Proof will be accepted in the form of digital vaccination certificate, paper vaccination certificate, vaccination letter or any other official vaccination record. In case you are not able to provide proof, unfortunately you will be denied embarkation. Please contact us if children under 5 years participate in the voyage.

- I confirm that on the day of embarkation I do not have symptoms like fever, cough or difficulty breathing.**

Information may be forwarded to the relevant public health authorities.

**I certify that the above declaration is true and correct, and I understand that any dishonest answers may have serious public health implications.**

\_\_\_\_\_  
Date and signature of the participant / to be signed by legal guardian of a minor

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