



Strasbourg - Mainz

Route Description

for your individual Bike and Barge Tour



Dear cyclist!

We would like to give you a very warm welcome aboard!

The Rhine River has always had an important influence on the life along its banks. Along the Rhine Cycle Route, cyclists may not only learn about its history and culture but also about its commercial importance as a “major artery” in Europe. Dozens of ports control the busy ship traffic.

The route runs mostly along the banks of the river through a flat landscape, and offers many places to indulge in good food and even finer beverages. The surfaces are mostly well-paved, in some sections they are water-bound or cobbled. Enjoy the flora and fauna along the route, and side trips to discover historic towns and cities or the near Neckar river are well worth the effort.

The itinerary has been described from the perspective of a cyclist, the way you will experience the cycle tours on your bike seat.

Your tour manager will give daily briefings with detailed route description for the respective cycle tours; amply illustrated information about the sights along the route will also be provided. Naturally, these are only meant to be suggestions in order to help you to design your days according to your personal wishes and preferences. Please note that this route description cannot substitute a travel guide. **Hints** and **Tips** have been highlighted in colours to distinguish from the route description.

Nobody is perfect — please note that the situation on the route can sometimes be different from the route description due to road works, new traffic signs, overturned or overgrown signs, etc. If you should encounter similar situations, please do not hesitate to inform us, the team from SE-Tours and all cyclists using these routes will be thankful for every update! There might be places or situations where you would describe the route differently - we always appreciate any proposal for improvement.

We wish you a relaxing week and a happy bike and barge tour.

Key to understanding the cycle route:

- 
Map number
- 
Main cycle route
- 
Alternative cycle route
- 
Roundabout
- 
Use the ferry

Direction arrow (for rough orientation):

- 
Straight ahead or follow the route
- 
turn right
- 
turn left

GPS Data:



The GPS tracks of the routes presented in this description are available for download on our homepage. Scan the QR-code with your smartphone for more information.

Instructions for your E-Bike on-board computer:

The bicycle shown in this manual may differ slightly from your bicycle, but will be similar enough to help you understand the instructions.



Switch kilometers to miles

You can switch the displayed values from kilometers to miles by holding down the button [-] and briefly pressing the on/off button

Switching bike lights on/off

For the model which has the bike lights powered by the eBike system, a medium-length press of the button [+] will switch on the front and rear lights simultaneously.

To switch off the bike lights, press and hold the button [+]

The lighting symbol is displayed when the light is on. ▶ Before starting each journey, check that your bike lights are working correctly.

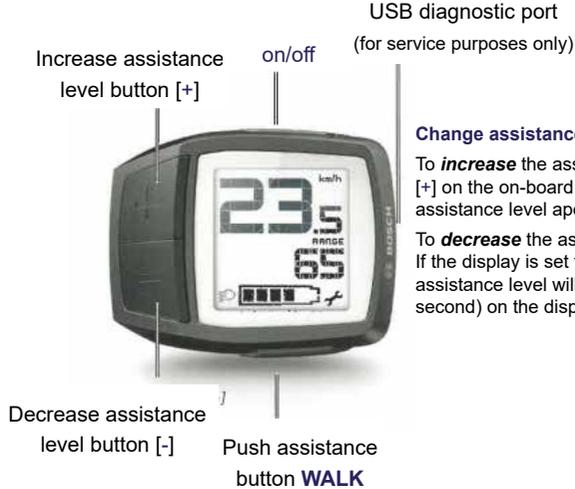
HINT

The on-board computer saves status accordingly after a restart. Switching the bike light on and off has no effect on the backlighting of the display.



Change Assistance modes

- ▶ The indicator always displays the last setting as standard.
- ▶ Repeated medium-length presses of the button [-] will display the trip distance TRIP, the total distance TOTAL and the battery range RANGE one after the other. (Briefly pressing the button [-] will decrease the assistance level.)



Change assistance level

To **increase** the assistance level, briefly press the button [+] on the on-board computer repeatedly until the required assistance level appears on the indicator.

To **decrease** the assistance level briefly press the button [-]. If the display is set to TRIP, TOTAL or RANGE, the selected assistance level will only be shown briefly (for approx. one second) on the display.



Reset trip distance

To reset trip distance select the trip distance TRIP and simultaneously press both buttons [+] and [-], the trip distance TRIP will be set to 0.

To reset the battery range RANGE, select the battery range RANGE and simultaneously press and hold the buttons [+] and [-]. The display will initially show RESET.

If you continue to press both buttons, the trip distance TRIP will be set to 0.

Switching the push assistance on/off

The push assistance aids you when pushing your eBike.

The speed of this function depends on the selected gear and can reach a maximum of **3.7 mph**.

The lower the selected gear, the lower the speed of the push assistance function (at full power).

► **The push assistance function must only be used when pushing the eBike.** There is a risk on injury if the wheels of the eBike are not in contact with the ground while using the push assistance.

To **activate** the push assistance, briefly press the WALK button on your on-board computer. After activation, press the [+] button within 3s and keep it pressed. The eBike drive is switched on.

Note: The push assistance cannot be activated at assistance level OFF.

The push assistance is **switched off** as soon as one of the following occurs:

- You release the [+] button;
- the wheels of the eBike are locked (e.g. by applying the brakes or hitting an obstacle);
- the speed exceeds 3.7 mph.

The push assistance function is subject to local regulations; the way it works may therefore differ from the description above. It can also be deactivated.

Day 2: Cycle Tour Strasbourg - Gamsheim lock, approx. 23 km

During the morning, on a cycle tour through Strasbourg, enjoy the French joie de vivre, before continuing directly alongside the Rhine through the gentle Rhine Valley to Gamsheim.

*With a total length of 290 m and a height difference of 10 m, **the fish ladder in Gamsheim** is one of the largest in Europe. In the visitor centre, which lies under the water level, there are three observation windows to watch the migrating fish. There is also a large aquarium, and information panels about the construction of the fish ladder, the straightening of the Rhine and the reintroduction of the salmon and other local fish species.*

The mooring place is the street **Quai des Belges**. **1**



From the mooring, turn left to get onto the green steel bridge and cross the **Canal du Rhin**.

Along the black tarmac cycleway, head on up to the railway tracks, turn right to cross them. Go straight until you reach the **Jardin des Deux Rives** (Two Shores Garden).



Cycle through the park and cross the **footbridge (white arched bridge)** that connects Strasbourg and Kehl. **1**



From here, follow the signposts for the **Rheinradweg** (Rhine Cycle Route) until you reach the Kinzig River.



Follow the river, and at the **bridge**, turn right to cross over. The river is now on your left hand-side.

At a level with Auenheim, you get back to the bank of the Rhine.



Cycle **alongside the Rhine**. **2**



3 At Rheinau, you reach the **shipyard**. Here turn right onto **Werftstraße**.



At the end of the road, you reach a T-junction. Turn right and follow the road through a left-hand bend.



Now turn left onto the main road, which leads you over the bridge to the lockage.



Mind out: Do not shy away from crossing the bridge!
Take extra care, it is a busy road!



After the fish ladder, cross the road. Turn left and pass through the **underpass**.



Continue on this tongue of land to reach the mooring place of the ship.

You have reached your destination.

Afterwards, your ship sails to Germersheim.

Day 3: Cycle Tour Germersheim - Speyer, approx. 27 km

Today's cycle tour leads alongside the ox-bow lakes (Old Rhine) of the Rhine, through seemingly untouched nature. Your tour starts in the old fortified city of Germersheim with its numerous beautiful lanes, nooks and crannies and squares. Continuing through the Palatinate land, you reach the Cathedral Town of Speyer. The cathedral in Speyer was added to the UNESCO-World Heritage list in 1981.

Follow the **Rheinradweg** (Rhine Cycle Route) through the **fortified city of Germersheim**, **4**, and via **Lingenfeld** and **Mechtersheim** to **Speyer**. **5**



At the **airport of Speyer-Ludwigshafen**, turn left and follow the way that leads parallel to **Industriestraße**. Before reaching the Technik Museum, turn right onto **Heinkelstraße**, and follow this road as it leads back to the bank of the Rhine.

Here you will find your ship's mooring place.

You have reached your destination.

Info

Since the 1990s, the Technik Museum Speyer houses a huge number of automotive and aircraft constructions. From an original jumbo jet to a German Navy submarine and an oceangoing rescue cruiser, you can experience the whole range of technology.

Day 4: Cycle Tour Speyer - Mannheim, approx. 28 km

From the mooring place, turn right and cycle along **Leinpfad** and **Rheinallee**. **6**



At the **Domgarten park**, turn right following the cycleway that leads out of Speyer **towards Otterstadt**. At a level with Otterstadt, please take extra care that you **follow the cycleway**; do not turn left to follow the signposts for the village.

Cycle past **Waldsee** and along the main dyke of the Rhine to **Altrip**. **7**

In Altrip, take the ferry to cross over to **Mannheim-Neckarau**.

Info:

The Rhine Ferry Altrip runs year-round, leaving generally on the hour in 15 minutes intervals.



After leaving the ferry, go round the left-hand bend and at the roundabout, turn left. You are now cycling along the **Mannheim Power Plant**.



From here, follow the **cycle route signposts for Mannheim - Zentrum / Lindenhof**.

You cycle through a **nature reserve** and reach a road called **Stephanieufer**.

Cycling along this road, you will get to the ship.

You have reached your destination.

Info:

The **Mannheim Palace** is considered to be the largest Baroque Palace in Europe and one of the most beautiful University buildings in the German University landscape. Starting in 1720, the Palace`s chequered history almost came to an end with an almost complete destruction in 1945. Fortunately, the palace has been faithfully reconstructed in parts.

Day 5: Mannheim - Heidelberg - Mannheim, approx. 59 - 66 km

Today you have the choice between two options: **Option A**, the **red route** or **option B**, the **violet** one. In some places, the two routes coincide, in this case, follow the **red route**.

Info:

Perched on a hill above the city, **Heidelberg Castle** towers over the Old Town. Originally built as a fortress in the 11th or 12th century, it reflects a number of different architectural styles. Heidelberg Castle is among the most important cultural and architectural monuments in Germany and is always well worth a visit.

Option A:

Pedal alongside the Rhine to get out of Mannheim until you branch off in Brühl and cycle via Schwetzingen and Plankstadt to Heidelberg, approx. 59 km (red route on the map)



Depending on the mooring place of your ship, follow from the mooring the way that leads to the street **Stephanieufer**. **8**

Cycle along a broad tarmac cycleway through a **nature reserve**.

Follow the **cycle route signposts for Schwetzingen/Neckarau**.

Cycle in the direction of the Rhine Ferry Altrip but do not take the ferry. **9**



Before the ferry dock, at the roundabout, turn left onto **Krefelder Straße**.



Follow the cycleway to the right and continue onto **Casterfeldstraße**.

You reach the **Karlsplatz** Square in Mannheim - Rheinau and follow the **cycleway** along **Relaisstraße**, which takes you southward to the **station of Mannheim-Rheinau**. **9a**

Pass under the **railway underpass**, cycle for a short distance onto **Rhenaniastraße** and reach the **junction Schwetzingen Landstraße**.

You drive parallel to the **Bundesstraße 36** in a southerly direction. **9**

At Hirschacker, use the **underpass** under the A6 and continue parallel to the main road. Follow the cycle path to Schwetzingen.

Info:

*In Schwetzingen, enjoy the atmosphere of the newly designed Palace Square whilst having a cup of coffee, a refreshing local beer or a full-bodied Palatinate or Bergstrasse wine. **Schwetzingen Palace** itself with its beautiful gardens is also well worth a longer stop. In the 18th century, Schwetzingen Palace was the summer residence of Electors Palatine Charles Philip and Charles Theodor. It is famous for its 72 ha spacious and beautiful Baroque gardens, which house water features and fountains, a marvellous mosque as well as pavilions, temples and sculptures.*



*The **Kurpfalz Route** combines in an ideal way the possibility to experience culture and nature. In the spring of 2011, signposts were renewed and the route is now clearly marked. Everywhere along the route, you will find distance indications and the green signs for the „Kurpfalz-Route“. If you want to take a side trip to one of the adjoining villages, you will easily find the way to the next village thanks to the clear signposting of all cycle paths.*

Continuing onto the **Kurpfalz Route**, via **Plankstadt** and **Eppelheim** you reach **Heidelberg main station** and eventually the **Kornmarkt**. Here ends the Kurpfalz Route. **10**

Past the **Marktplatz square**, cycle towards **Alte Brücke** (Old Bridge) and cross the Neckar.



From here to Mannheim, you can orientate yourself also by the **Biberroute/Neckartal-Radweg**. Follow the cycle path for 6 km along the Neckar.

The regional **Biberroute** (beaver route) connects Mannheim to Heidelberg, completely traffic-free and accessible, and without one single traffic-light. The trail is a consistent cycle-way connection along the Neckar River bank, leading from Mannheim to Heidelberg.



Parallel to the Biberroute, along the Neckar River leads also the **Neckartal-Radweg** (Neckar Valley Cycle Route), signposts for both trails will help you to orientate yourself. At the time of writing, the signposts for this route are being up-dated with the new official logo and thus some of them might still display the old blue logo. For orientation, please consider both types.



After about 6 km, you reach the **recycling plant** on the bank of the Neckar. Bypass the plant and continue to follow the Neckar northward. **11**



At the **junction Heidelberger Straße**, turn left towards the bank of the Neckar.



After 3 km, you may either take the **ferry** to cross the Neckar or you continue to follow the road for 1 km and cross the river over the **Neckarbrücke** (bridge). **12**

Follow the **Biberroute/Neckartal-Radweg** via Seckenheim up to Mannheim. Here you meet your ship. **13**

You have reached your destination.

Option B:

Follow the routing for the red route until you reach the Old Bridge in Heidelberg

8 **9** **10**

*Here begins the tour description and the routing for the violet route back to Mannheim.
Total cycling distance approx. 66 km (violet route on the map)*



After having arrived at the Old Bridge, cycle along the **Kurpfalz Route** via **Eppelheim** and **Plankstadt** back to Schwetzingen. **11**



In Schwetzingen, at the railway tracks turn right, along **Gustav-Hummel-Str.**



After about 300 m, turn right and take the underpass. Continue along **Schubertstraße**, which then becomes **Borisißstraße**.



At the next **roundabout**, turn right and pass under the federal road B 535.



After about 1 km, you reach a dirt road junction. Following the **cycle route signposts**, turn left and cycle along **Hüttenweg**.



After 2.5 km, continue cycling straight ahead along **Keilerweg** northward.



At the end of the street, turn right onto **Entenstrich**, then turn left at the next street onto **Hirschgasse**.



At the end of Hirschgasse, turn left **towards the woods** and follow **Friedrichsfelder Weg**. **12**



At the junction where the woods begin, follow the **signposts** to the right.



At the end of the woods, cross the bridge over the railway tracks and follow **Holzweg**.



At the end of the Holzweg, cross the **Suebenheimer Allee**, cycle for a short distance eastward and at the roundabout, turn left.



Cycle along **Schwabenstraße** until you reach the bank of the Neckar. Now you are back on the red route. **12**

From here, you can also follow the signposts for the **Biberroute** to get to Mannheim.

In Mannheim, your ship will be waiting. **13**

You have reached your destination.

Day 6: Cycle Tour Mannheim - Worms, approx. 26 km

Today cycle along the Neckartal-Radweg on mostly asphalted surface.

From the mooring, cycle to the **Kurpfalzbrücke in Mannheim**.

Here cross the Neckar and keep next to the river. **14**

Via the **Kammerschleuse** lock, the route leads always alongside the river.



At the **restaurant**, turn right and then turn sharp left onto **Max-Planck-Straße**. This road ends at the **Altrheinfähre** (Alt Rhine Ferry). Cross over to the other side.



You will need some patience to cross the river; it is the oldest ferry in Germany.



The cycleway leads parallel to the Rhine past **Sandhofen** in the direction of **Lampertheim**. **15**

R6

Here follow the **R6 cyle route sigposts for Worms**. **16**

After the **BASF chemical plant**, the cycleway takes a left-hand bend and leads back to the Lampertheim Altrhein (Old Rhine). Continue following the cycle route.

Take the underpass to get onto the **Alte Niebelungenbrücke** and cross over to the other side of the Rhine. After leaving the bridge, turn right.

Here you meet your ship. **You have reached today's destination.**

Day 7: Boat Tour Worms - Nierstein, Cycle Tour Nierstein - Mainz, approx. 17 or 27 km

During breakfast, your ship will take you from Worms to Nierstein. Enjoy the boat tour while looking forward to spending a beautiful day in the wine-growing area of Rhine-Hesse. Nierstein, together with Oppenheim, is the most famous wine town on the Rhine. You can decide on which side of the Rhine you prefer to cycle. There are two options:

Option A: onto or along the flood dyke, right bank of the Rhine, approx. 27 km (red route on the map)



From the mooring in **Nierstein**, cycle for about 2 km to reach the **ferry to Trebur-Kornsand**. **17**

After leaving the ferry, cycle along the **L3094 road** for about 1.5 km (here there is no cycle path) until you see the **bus stop „Am Rheindamm“** on your left hand-side.



Here leave the road and turn left.



Continue along the **flood dyke**.

R6

You are cycling along the **R6 long-distance cycle route**. **17** and **18**



At the small **Schwarzbachschleuse lock**, turn sharp left. **18**

Alongside the dyke, cycle via **Gustavsburg** to **Mainz-Kostheim**.



Cross the **level crossing** and turn left.



After **about 500 m**, at the **station**, turn right onto **Erzbergstraße**.



After another **500 m**, you reach a **roundabout**.

Take the **second exit**, which leads to the bridge over the Main River.



Mind out: At the roundabout, you leave the R6 long-distance route.

R3

After the roundabout, follow only the **signposts for the R3 cycle route** until you reach your final destination. **19**



After crossing the **bridge**, turn sharp right.

Then pass under the bridge and continue **towards Mainz**.

Along Rheinuferstraße cycle past the **Museum Castellum**, and then onto the **Theodor-Heuss-Brücke**.



At the end of the bridge, turn left towards the **bank of the Rhine**.

Cycle upstream to reach your ship, moored in one of the berths.

You have reached your destination.

Option B:

The shortest way to Mainz – left bank of the Rhine, approx. 17 km
(violet route on the map)

To leave Nierstein, pick up the **Rheinradweg** (Rhine Cycle Route), which takes you through the vineyards of Nierstein before you reach **Nackenheim**. **17**

From Nackenheim, cycle via **Bodenheim, Laubenheim and Mainz Weisenau** (the Gate to Mainz) to **Mainz**. **18** and **19**

In Mainz, the cycleway leads along Uferstraße.

There, in a range of 1 km, your ship will be moored on one of the many moorings.

You have reached your destination.

Day 8: Mainz, disembarkation

After breakfast, it is time to say goodbye. We hope you have had a great time.

We wish you a safe journey home and we are looking forward to having you again as our guest on one of our ships. Your team of SE-Tours GmbH



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