



# ***Mainz - Strasbourg***

*Route Description*

*for your individual Bike and Barge Tour*



## ***Dear cyclist!***

We would like to give you a very warm welcome aboard!

The Rhine River has always had an important influence on the life along its banks. Along the Rhine Cycle Route, cyclists may not only learn about its history and culture but also about its commercial importance as a “major artery” in Europe. Dozens of ports control the busy ship traffic.

The route runs mostly along the banks of the river through a flat landscape, and offers many places to indulge in good food and even finer beverages. The surfaces are mostly well-paved, in some sections they are water-bound or cobbled. Enjoy the flora and fauna along the route, and side trips to discover historic towns and cities or the near Neckar river are well worth the effort.

The itinerary has been described from the perspective of a cyclist, the way you will experience the cycle tours on your bike seat.

Your tour manager will give daily briefings with detailed route description for the respective cycle tours; amply illustrated information about the sights along the route will also be provided. Naturally, these are only meant to be suggestions in order to help you to design your days according to your personal wishes and preferences. Please note that this route description cannot substitute a travel guide. **Hints** and **Tips** have been highlighted in colours to distinguish from the route description.

Nobody is perfect — please note that the situation on the route can sometimes be different from the route description due to road works, new traffic signs, overturned or overgrown signs, etc. If you should encounter similar situations, please do not hesitate to inform us, the team from SE-Tours and all cyclists using these routes will be thankful for every update! There might be places or situations where you would describe the route differently - we always appreciate any proposal for improvement.

We wish you a relaxing week and a happy bike and barge tour.

### ***Key to understanding the cycle route:***

-  Map number
-  Main cycle route
-  Alternative cycle route
-  Roundabout
-  Use the ferry

### ***Direction arrow (for rough orientation):***

-  Straight ahead or follow the route
-  turn right
-  turn left

### ***GPS Data:***



The GPS tracks of the routes presented in this description are available for download on our homepage. Scan the QR-code with your smartphone for more information.

## Instructions for your E-Bike on-board computer:

The bicycle shown in this manual may differ slightly from your bicycle, but will be similar enough to help you understand the instructions.



### Switching bike lights on/off

For the model which has the bike lights powered by the eBike system, a medium-length press of the button [+] will switch on the front and rear lights simultaneously.

To switch off the bike lights, press and hold the button [+]

The lighting symbol is displayed when the light is on. ▶ Before starting each journey, check that your bike lights are working correctly.



The on-board computer saves status accordingly after a restart. Switching the bike light on and off has no effect on the backlighting of the display.



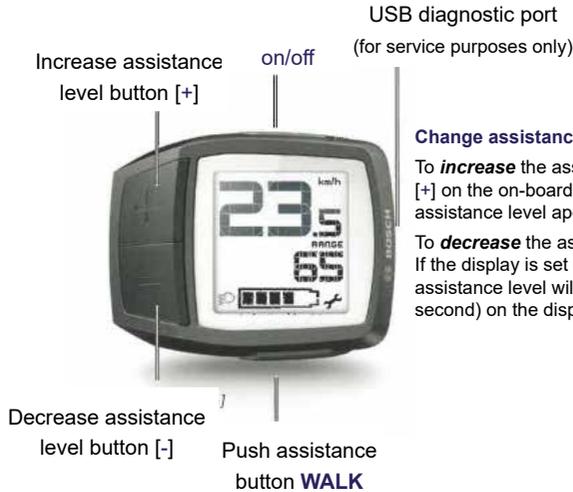
### Change Assistance modes

- ▶ The indicator always displays the last setting as standard.
- ▶ Repeated medium-length presses of the button [-] will display the trip distance TRIP, the total distance TOTAL and the battery range RANGE one after the other. (Briefly pressing the button [-] will decrease the assistance level.)



### Switch kilometers to miles

You can switch the displayed values from kilometers to miles by holding down the button [-] and briefly pressing the on/off button



### Change assistance level

To **increase** the assistance level, briefly press the button [+] on the on-board computer repeatedly until the required assistance level appears on the indicator.

To **decrease** the assistance level briefly press the button [-] If the display is set to TRIP, TOTAL or RANGE, the selected assistance level will only be shown briefly (for approx. one second) on the display.



### Reset trip distance

To reset trip distance select the trip distance TRIP and simultaneously press both buttons [+ ] and [-], the trip distance TRIP will be set to 0.

To reset the battery range RANGE, select the battery range RANGE and simultaneously press and hold the buttons [+ ] and [-]. The display will initially show RESET.

If you continue to press both buttons, the trip distance TRIP will be set to 0.

### Switching the push assistance on/off

The push assistance aids you when pushing your eBike.

The speed of this function depends on the selected gear and can reach a maximum of **3.7 mph**.

The lower the selected gear, the lower the speed of the push assistance function (at full power).

► **The push assistance function must only be used when pushing the eBike.** There is a risk on injury if the wheels of the eBike are not in contact with the ground while using the push assistance.

To **activate** the push assistance, briefly press the **WALK** button on your on-board computer. After activation, press the [+ ] button within 3s and keep it pressed. The eBike drive is switched on.

Note: The push assistance cannot be activated at assistance level OFF.

The push assistance is **switched off** as soon as one of the following occurs:

- You release the [+ ] button;
- the wheels of the eBike are locked (e.g. by applying the brakes or hitting on obstacle);
- the speed exceeds 3.7 mph.

The push assistance function is subject to local regulations; the way it works may therefore differ from the description above. It can also be deactivated.

## Day 2 : Cycle Tour Mainz - Nierstein, approx. 17 / 26 km, Boat Tour Nierstein - Worms

After breakfast, look forward to spending a beautiful day in the wine-growing area of Rhine - Hesse. Today cycle to Nierstein, along with Oppenheim the most famous wine-producing village on the Rhine. You can choose on which bank of the Rhine to ride.

**Option A:** near or onto the flood dyke – left bank of the Rhine, approx. 26 km (red route on the map)

At the Theodor-Heuss-Bridge, cross over the river. **1**

→ Just after the bridge, turn sharply right, and cycle along **Rheinuferstraße**.

Past the museum „**Castellum**“, continue to the Rhine River bank.

← **R3** Here turn left in the direction of **Mainz-Kostheim**.  
You are now back on the **long-distance cycle route R3**, which takes you all the way up to Mainz-Kostheim.

↑ In **Kostheim**, cross the Main River in the direction of **Konsand-Nierstein**.

**R6** After the bridge, leave the R3 and continue onto the **R6 long-distance cycle route**.

① At the roundabout, turn right onto **Erzbergerstraße**.

← At **the station**, turn left until you reach the railway gate (about 500 m).

After the railroad gate, follow the **signposts for Ginsheim R6**.

km 7 From here, cycle in parts onto the **flood dyke**.

After reaching **Ginsheim**, continue onto the dyke **towards Oppenheim**.



**2** **Watch out:** At the little lock „**Schwarzbachschleuse**“, turn sharply right.

km 11 Continue cycling alongside the flood dyke (a new way).



At the end of the dyke, the state road L3094 crosses your way. **3**



At the **bus stop „Am Rheindamm“**, turn right onto this state road.

km 24



From here, cycle for about 2,3 km **along the state road (take extra care: no cycleway!)** until you reach Trebur, district of Kornsand, and continue **towards the ferry**.



Take the **ferry** to cross the Rhine River.



After leaving the ferry, turn sharply right and cycle downstream onto **Rheinallee** until you reach **Nierstein** (about 1 km).

km 26

**You have reached your destination.**

### Option B:

The shortest way to Nierstein – right bank of the Rhine, approx. 17 km (violet route on the map) **1** - **3**

From the ship's mooring place, first cycle upstream in the direction of **Mainz-Weisenau**. You are now on the **Rheinradweg** (Rhine Cycle Route).

km 12

Past **Laubenheim**, cycle towards **Bodenheim and Nackenheim**.

From **Nackenheim**, cycle the last few kilometres through **vineyards and you reach Nierstein**.

Cycle through the village towards **the station**.

At the **Rhine's bank**, your ship will already be waiting for you.

km 17

**You have reached your destination.**

In the evening, the ship sails from Nierstein to Worms.

### Day 3: Cycle Tour Worms - Mannheim, approx. 26 km

Today you will leave the Rhine Valley and cycle towards the Neckar River. The route leads on mostly well-paved cycle paths to Mannheim.

Your cycle tour begins on the right river bank. During the daily tour briefing, your tour manager will tell you how to get there from the ship's mooring place. **4**

→ Passing under the **Nibelungen Bridge**, turn right to get **onto the bridge**.

→ After crossing the bridge, turn sharply right to cycle **along the dyke towards Lampertheim**.

↑ **R6** At the end of the dyke, (about 2 km before reaching Lampertheim), follow once more the **signposts for the R6**.

↑ Along the main road, cycle past a **chemical plant of BASF** up to **Lampertheim**.

↑ **R6** Always follow the **signposts for the R6 cycle route**.



Cross a busy major road and cycle along the flood dyke past the Altrhein, a meander of the original course of the Rhine.

At a leisurely pace, cycle **towards Mannheim**.

Follow the signposts for **Sandhofen** and continue cycling along the dyke. **5**

km 18 At the very end of the dyke, turn right to the Altrhein and the **Altrhein ferry**.



To cross the Old Rhine, you need to be patient. It is the oldest ferry in Germany and you may expect some waiting time.

ca. 500 m ↑ After crossing over, cycle about 500 m along **Max-Planck-Straße**.



Then turn left.

2 km →

After approx. 2 km, turn right to the bank of the Rhine.



From afar, you see the **restaurant** directly on the bank.  
Here turn left and cycle **alongside the Rhine**.

Cycling along the lane „**An der Kammerschleuse**“, you reach the **lock**.



After the lock, turn sharply right to get to the river bank.



You are now onto the **Neckartal-Radweg**. (Neckar Valley Cycle Route)

Follow the signposts for **Mannheim City Centre** until you reach the **Kurpfalz Bridge**.

Here cross the bridge over the Neckar River. **5**



After crossing the bridge, turn right and cycle alongside the river to reach the ship's mooring place.

**You have reached your destination.**

**Info:**

*The **Mannheim Palace** is considered to be the largest Baroque Palace in Europe and one of the most beautiful University buildings in the German University landscape. Starting in 1720, the Palace's chequered history almost came to an end with an almost complete destruction in 1945. Fortunately, the palace has been faithfully reconstructed in parts. Today, almost the entire Baroque palace is used as campus of the University of Mannheim, only the first and the second floor of the Middlehaus, the central part, houses a museum. As part of the „Renaissance of the Baroque Palace“ initiative, the mansard roof was restored and today university students can read and study here.*

### Day 4: Cycle tour Mannheim - Heidelberg - Mannheim, approx. 59 - 63 km

Today you can choose between two routes: option **A**, the **red route** or option **B**, the **violet one**. In some places, the two routes coincide, in this case, follow the **red route**.

**Option A:** To leave Mannheim, cycle alongside the Neckar River and via Seckenheim and Handschuhsheim, you reach Heidelberg, approx. 59 km (red route on the map)



Start your cycle trip at the mooring place on the bank of the Neckar in Mannheim. Follow the river along the **Burgenstraße** (Castle Road). **6**



The sights along the Castle Road are an experience for cyclists. The signposted cycle path „**Burgenstraße**“ leads those interested in history and culture to the highlights between Mannheim and Bayreuth. The route passes through a variety of impressive natural and cultural landscapes. River valleys with a flat profile can be found, as can ascends that promise great views. Castles, palaces and historic towns are waiting to be discovered along the way.

Follow the **Burgenstraße to Seckenheim** and orientate yourself towards the **Biberroute** (Beaver Route)/**Neckartal-Radweg**.



The regional „**Biberroute**“ connects Mannheim to Heidelberg, completely traffic-free and accessible, and without one single traffic-light. The trail is a consistent cycleway connection along the Neckar River bank, leading from Mannheim to Heidelberg.

Parallel to the „**Biberroute**“, along the Neckar River leads also the **Neckartal-Radweg** (Neckar Valley Cycle Route), signposts for both trails will help you to orientate yourself. At the time of writing, the signposts for this route are being up-dated with the new official logo and thus some of them might still display the old blue logo. For orientation, please consider both types.



After approx. 3 km, in Neckarhausen, you have to change to the other side of the river. You can either cross over the Neckar bridge, or you follow the cycleway to the ferry instead.

**7**



After crossing the Neckar, continue to follow the **Biberroute** along the **riverside towards Heidelberg**.



Continue to cycle for about 10 km alongside the Neckar, then, after the **recycling plant**, turn left. **8**

Cycle onto **Ladenburger Straße** until you reach Handschuhsheim.



After about 2 km, turn right onto **Zeppeinstraße** and continue in the **direction of Tiefburg**, in the town centre of Handschuhsheim.

Onto **Steubenstraße**, cycle southward to Heidelberg and cross the Neckar over the **Theodor-Heuss-Bridge**.

Cycle along the street called **Plöck** and continue along **Neue Schlosstraße** to the **Heidelberg Castle**. **9**

**Info:**

Perched on a hill above the city, Heidelberg Castle towers over the Old Town. Originally built as a fortress in the 11th or 12th century, it reflects a number of different architectural styles. Heidelberg Castle is among the most important cultural and architectural monuments in Germany and is always well worth a visit.

Cycling past the castle, follow the **Molkenkurweg** into the woods and reach via **Klingenteichstraße**, **Johannes-Hoops-Weg** and the **Oberer Gaisbergweg** back to the outskirts of Heidelberg.



At the end of Gaisbergweg, turn right onto **Steigerweg**.

← Follow the road for just a short distance and then turn left onto **Eisengreinweg**.

← Before the roundabout, turn left, cross over to the other side of the road and cycle for a short while along **Rohrbacher Straße**.

→ Then turn right and follow the cycleway parallel to Liebermannstraße until you reach the large **fire station**. **10**



From here, cycle along the **Burgensstraße** via **Pfaffengrund**, **Eppelheim** and **Plankstadt** to Schwetzingen. **11**



Before reaching Schwetzingen Castle, continue following the **Burgensstraße** northward via **Alteichwald** and **Suebenheim**. **12**

After approx. 10 km, you reach the **Suebenheimer Allee**.

← At the **Suebenheimer Allee**, turn left and continue onto the cycleway parallel to the Avenue.

↑ At the roundabout, cross the **Kloppenheimer Straße** and keep cycling straight ahead, now onto **Neuostheimer Straße**.



After about 2 km, at the end of Neuostheimer Straße, cross the road and continue alongside the Neckar onto the **Neckartal-Radweg / Burgensstraße** to Mannheim. **13**

Here you will find your ship.

**You have reached your destination.**

Follow the route description of the red route until shortly before reaching Handschuhsheim.

**6** **7** & **8**

**Option B:**

This is the point where the route description for the violet route begins. It leads via Heidelberg, Schwetzingen and Brühl back to Mannheim.

Total distance approx. 59 km (see violet route on the map)



At the **recycling plant**, turn right and continue cycling alongside the Neckar following the **Biberoute / Neckartal-Radweg**. **8**



At the Heidelberg Zoo, turn right and keep cycling along the Neckar until you reach the **Alte Brücke** (Old Bridge), at the gates of Heidelberg. **9**

After crossing the Old Bridge, on the other side, cycle westward.



At the **Theodor-Heuss-Bridge**, turn left in the direction of the Old Town and follow the **Burgenstraße** via **Pfaffengrund**, **Eppelheim** and **Plankstadt** to Schwetzingen. **11**

Continue cycling onto the cycleway northwards past Schwetzingen, **Brühl** and **Hirschacker**. **12**

At the big junction **Schwetzingener Landstraße / Rhenaniastraße** continue cycling northward onto **Rhenaniastraße**.



Turn left, pass **under the railway tracks** (**Watch out: Stairs!**) and



immediately after, turn left again.

After 50 m, cross the street and pick up the cycleway on your left parallel to the railway tracks.

You reach the square **Rheinau Karlsplatz**, keep cycling onto the cycleway along **Casterfelderstraße**. **14**

At the end of the street keep to the left and cycle along **Krefelder Straße**.



Before reaching the Rhine **ferry Altrip**, turn right and follow the cycleway along **Plinaustraße**. You see beautiful half-timbered houses on your left hand.



Continue following the cycleway signposts for **Mannheim - Zentrum / Lindenhof**.

The cycleway is a bit narrow in the beginning, it leads past the Strandbad (lido) into a **nature reserve**.

The trail broadens, and leads to the **Stephanieufer**.



At the **fork Stephanieufer/Rheinpromenade**, turn left to reach the **mooring place**. **15**

Here you will see your ship.

**You have reached your destination.**

### **Day 5: Cycle Tour Mannheim - Speyer, approx. 20 km**



Depending on where your ship is moored, from the mooring, follow the way that leads to the cycleway along **Stephanieufer**. **16**

Cycle onto a broad tarmac cycle lane through a **nature reserve**.

Follow the cycle **signposts for Schwetzingen/Neckarau**.



Pedal until you reach the **Rheinfähre Altrip** (Rhine Ferry Altrip) and cross over.

**Info:**

*The Rhine Ferry Altrip runs year-round, leaving generally on the hour in 15 min. intervals.*

Continue riding to **Altrip**.



At the town entrance, turn left onto the **Rheinhauptdeich** (dyke).

You are cycling **next to the dyke onto the Rheinradweg** (Rhine Cycle Route).



Follow the **cycle signposts for Speyer**.

Cycle via **Waldsee and Otterstadt**. **17**



At the **entrance of the village of Otterstadt**, there are two signposts for Speyer.  
Follow the route to the left.



In **Speyer, at the level of the Cathedral garden**, turn left onto Rheinallee.



At the bank, turn right onto Leinpfad.

Underneath the Rhine bridge, there is your ship's mooring place.

**You have reached your destination.**

**Info:**

***Speyer** - famous Cathedral and Free Imperial City – looks back on an over 2000-year-old history. Quaint facades, ecclesial architecture rich in history, but also quiet squares and winding lanes characterise this historic city. The pontifical Basilica – Speyer Cathedral - was added to the UNESCO World Heritage list in 1981. It ranks as largest preserved and most important example of Romanesque architecture and still dominates the town's silhouette. The Sea Life Centre and the Technik Museum Speyer, complete the broad range of attractions with appeal for young and old in and around Speyer. The city caters for all tastes and is well worth a visit!*

## Day 6: Cycle Tour Speyer - Germersheim, approx. 20 km / Boat Tour Germersheim - Gamsheim

Today you cycle along the *Rheinradweg (Rhine Cycle Route)* on mostly well-paved surfaces.

- **18** From the mooring, cycle upstream along the Rhine (short route) up to the **entrance “Hafenbecken”**. There turn right in the direction of the Technik Museum Speyer (**about 300 m, Henkelstraße**).

*Cycle directly alongside the Technik Museum Speyer and experience the history of technic from up close. The museum houses Europe’s largest space exhibition, as well as locomotives, vintage cars, fire engines, motor cycles, and thousands of other exhibits.*

Cycle straight past the museum until you reach the junction **Industriestraße** (200 m).



Cross the junction, turn left and cycle parallel to **Industriestraße**.

**Watch out:** At the junction, there are no signposts.

Keep cycling along the **Rheinradweg** (Rhine Cycle Route) past the airport of Speyer-Ludwigshafen via **Mechtersheim** and **Lingenfeld** to the fortified city of **Germersheim**. **19**

### Info:

*The townscape of **Germersheim** has always been strongly characterised by the well-preserved, massive city walls of the historic fortifications. Everywhere around the city you can find the historic buildings, once constructed as “stronghold against France”. You can discover the town and its fortifications along the sign-posted circular path.*

Here you will meet your ship. **You have reached your destination.**

*Boat Tour from Germersheim to Gamsheim.*

### Day 7: Cycle Tour Gamsheim/Freistett - Strasbourg, approx. 23 km

#### Info:

With a total length of 290 m and 10 m of height difference, the **fish ladder in Gamsheim** is one of the largest in Europe. In the Visitor Centre, which lies under the water level, there are three large observation windows, through which you can watch the migrating fish travelling upstream. There is also a huge aquarium, and you find information panels about the construction of the fish ladder, the straightening of the Rhine, and about the reintroduction of the salmon and other migratory fish species.

From the mooring at the lock, turn left to **cross the lock to the German bank of the Rhine.**

**20**



Please take care and watch out for the traffic as there is no dedicated cycleway!



After crossing the lock, cycle past the inn. At the **junction**, turn right to leave the country road.



Going around the right-hand bend, leave the bend to the left and continue onto **Werftstraße**. Follow the street until you reach the **shipyard**.

Now you are back on the bank of the Rhine River.

Cycle along Rheinseitengraben until you reach **Kehl**.

At the level of Auenheim, the Rhine bifurcates.



Continue to follow the river, turn right and **cross the bridge**. The canal is now on your left hand-side. **22**

Stay on the signposted **Rheinradweg** (Rhine Cycle Route).

Cross the **pedestrian bridge (white arched bridge)** that connects Kehl to Strasbourg.

After having crossed the bridge, you reach the **Two Shores Garden**.

↑ Cycle straight through the park, **directly to the exit**.

→ Arriving at the very end, turn right.

↑ Cycle up to the **railway tracks** and cross over.

On the other side, you reach a **black tarmac cycleway**.

Follow the lane in a left bend until you see a **green steel bridge** on your right hand. **Cross the Rhine** over this bridge.

Underneath the bridge, you can already see your ship moored on the **Canal du Rhin**.

→ To reach the mooring, after crossing the bridge take a right bend to get back to the water-side.

The mooring place is along the street **Quai des Belges**.

**You have reached your destination.**

### ***Day 8: Strasbourg, Disembarkation***

After breakfast, it is time to say goodbye. We hope that you have had a great time.

We wish you a save journey home and we are looking forward to having you again as our guest on one of our ships. You team of SE-Tours GmbH





## ABOUT US

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